



# THE WHITE HORSE UPTON

## STARTERS

SOUP OF THE DAY, CRUSTY ROLL & BUTTER £6 GFO V VE

FOREST MUSHROOM BRUSCHETTA, TOPPED WITH BLUE CHEESE SAUCE £7 V GFO

GRILLED SARDINES, SRIRACHA MAYONNAISE & WATERCRESS £7 GF

LEBANESE LAMB PARCELS, MINT YOGHURT DIP £7

BAKED CAMEMBERT, RED ONION MARMALADE & SOUR DOUGH TOAST £7 V GFO

BREAD & MIXED OLIVES, BALSAMIC OLIVE OIL £5 V VE GFO

## CLASSIC MAINS

BATTERED FISH OF THE DAY, HAND CUT CHIPS, GARDEN OR MUSHY PEAS & TARTARE SAUCE £14.50 GFO  
(OPTIONS MAY VARY DAILY PLEASE SEE YOUR SERVER)

FAMOUS HOMEMADE WHITE HORSE STEAK & ALE PIE, CHIPS OR MASH POTATOES, GARDEN OR MUSHY PEAS & HOUSE GRAVY  
\*LARGE £15 \*SMALL £12.50

WHOLE TAIL BREADED SCAMPI, HAND CUT CHIPS, GARDEN OR MUSHY PEAS & TARTARE SAUCE £14

SLOW COOKED FULL RACK OF BBQ PORK RIBS, SKIN ON FRIES, COLESLAW & HOUSE SALAD £17 GF

CHEF'S BEEF LASAGNE, GARLIC BREAD & HOUSE SALAD £14

WHITE HORSE CLASSIC BURGER – 8OZ STEAK BURGER, MONTEREY JACK CHEESE, CRISPY BACON, GEM, TOMATO, GHERKINS, AND RED ONION SERVED IN A BRIOCHE BUN WITH SKIN ON FRIES & COLESLAW £14

## VEGETARIAN & VEGAN

WARM VEGETABLE SALAD, CELERIAC, BUTTERNUT SQUASH, BABY BEETROOT, MIXED GRAINS, WALNUTS & BLUE CHEESE.  
TOSSED IN A LEMON & HONEY DRESSING £13 V VE  
(ADD PESTO CHICKEN OR GRILLED HALLOUMI SKEWER £3)

CHEFS' MEDITERRANEAN VEGETABLE LASAGNE,  
GARLIC BREAD & HOUSE SALAD £14 V

MOROCCAN BUTTERNUT SQUASH & CHICKPEA TAGINE,  
SERVED WITH GRILLED PITTA, WHITE RICE AND GREEK NATURAL YOGHURT £14

GRILLED VEGGIE BURGER\* GRILLED VEGETABLE BURGER, BABY GEM, TOMATO, GHERKINS, AND RED ONION SERVED IN A TOASTED BRIOCHE BUN WITH SKIN ON FRIES & COLESLAW £14 GFO

VEGETARIAN KEBAB OF THE DAY, HALLOUMI SKEWER, SKIN ON FRIES, HOUSE SALAD, GRILLED PITTA AND DIP £14 GFO

(\*OPTION MAY BE SUBJECT TO CHANGE)

## CHEF SPECIALS

SMOKED HADDOCK, CREAMY MASH POTATOES, FINE GREEN BEANS & CRISPY POACHED EGG TOPPED WITH HOLLANDAISE SAUCE £16 GFO

WHITE HORSE FISH PIE, SALMON, COD, KING PRAWNS & SMOKED HADDOCK, TOPPED WITH CHEESE MASH IN A CREAMY WHITE WINE SAUCE SERVED WITH SEASONAL VEGETABLES £15 GF

CHICKEN, KING PRAWN OR VEGETABLE KERALAN CURRY, SERVED WITH BASMATI RICE, TOMATO SALAD, YOGHURT & NAAN BREAD £15 GFO

PAN FRIED CHICKEN SUPREME, POTATO & CHORIZO HASH, WILTED SPINACH & CREAMY PEPPERCORN SAUCE £15

CHICKEN KEBAB OF THE DAY, CHEF'S TIKKA CHICKEN SKEWER, SKIN ON FRIES, HOUSE SALAD, GRILLED PITTA AND DIP £14 GFO  
(\*OPTION MAY BE SUBJECT TO CHANGE)

WILD BOAR OR TRADITIONAL PORK SAUSAGES & CREAMY MASH,  
SERVED WITH CRISPY FRIED ONIONS & SEASONAL VEGETABLES £14

GAME PIE, RABBIT, PHEASANT & VENISON, IN A RICH GRAVY SERVED WITH CREAMY MASH & BRAISED RED CABBAGE OR GARDEN PEAS £15

MAY CONTAIN SHOT

## FRESHLY BAKED BAGUETTES

ALL SERVED WITH HAND CUT CHIPS AND SALAD GARNISH

ENGLISH BRIE & BACON £8

NORFOLK CHEDDAR AND CHUTNEY £7

BUTCHER'S PORK SAUSAGE OR VEGETARIAN SAUSAGE AND CARAMELISED ONION JAM £8

BUTCHER'S PORK SAUSAGE & BACON £10

NORFOLK CHEDDAR AND BUTCHER'S THICK SLICED HAM £8

\*ALL BAGUETTES AVAILABLE ON GF BREAD

**HAVE YOU SEEN OUR  
COFFEE MENU?**

## DESSERTS

CHEESECAKE OF THE DAY, WITH CHANTILLY CREAM OR SORBET

HOME BAKED SALTED CARAMEL BROWNIE, SERVED WITH CREAM OR ICE CREAM

RHUBARB FOOL, SHORTBREAD BISCUITS

LEMON & GINGER SPONGE, CUSTARD OR ICE CREAM

CHERRY BAKEWELL CRUMBLE, CUSTARD OR ICE CREAM

OUR FAMOUS BISCOFF TIRAMISU, BISCOFF CRUMB & CHANTILLY CREAM

\*'OF THE DAY' OPTIONS, PLEASE ASK YOUR SERVER\*

ALL ABOVE DESSERTS £7

ESPRESSO AFFOGATO £4.50

SELECTION OF ICE CREAM & SORBET (3 SCOOPS) £4.50

WHITE HORSE NORFOLK CHEESE BOARD – NORFOLK CHEDDAR & BRIE, CELERY, GRAPES, SLICED APPLE, ALE CHUTNEY AND MIXED BISCUITS £8.50

**FOOD ALLERGIES & INTOLERANCES** All of our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all ingredients. Please ask a member of staff if you require assistance.

## CHILDREN'S MENU

### STARTERS

TOMATO SOUP  
GARLIC BREAD  
CUCUMBER, PEPPER & CELERY WITH HOUMOUS  
ALL £3

### KIDS MAINS

CHICKEN GOUJONS  
FISH GOUJONS  
CHEESEBURGER  
SOUTHERN FRIED CHICKEN BURGER  
SAUSAGE & MASH  
VEGETARIAN SAUSAGE & MASH  
TOMATO AND BASIL PASTA  
CHEESE & TOMATO PIZZA  
PEPPERONI PIZZA  
VEGETARIAN PIZZA  
ALL £5.75

### KIDS DESSERTS

CARAMEL DONUT SUNDAE  
MINT CHOCOLATE SUNDAE  
MINI CHOCOLATE BROWNIE & ICE CREAM  
MINI CRUMBLE OF THE DAY & CUSTARD  
ALL £4  
CHOICE OF ICE CREAM (2 SCOOPS) £3



# THE WHITE HORSE UPTON

NO.17 NR13 6BT

01493750696

**PROUD TO BE A COMMUNITY PUB**