

# White Horse, Upton – Gluten Free Sunday menu

PLEASE BE CLEAR WHEN ORDERING YOUR FOOD, WHICH SPECIAL DIETARY REQUIREMENT YOU HAVE. IN ADDITION, PLEASE BE AWARE THAT GLUTEN PRODUCTS ARE USED EXTENSIVELY IN OUR KITCHEN. ALTHOUGH THE UTMOST CARE IS USED WHEN PREPARING SPECIAL DIETARY MENU ITEMS, WE ARE UNABLE TO GUARENTEE THAT ANY PRODUCT IS 100% ALLERGEN FREE.

## Starters

<b>Chicken satay skewers</b>	<b>£6.25</b>	<b>Crispy chilli beef salad</b>	<b>£6.25</b>
<i>Chicken skewers served with satay dipping</i>		<i>Crispy chilli beef served on top of a salad</i>	
<b>Prawn cocktail</b>	<b>£6.95</b>	<b>Pâté of the day</b>	<b>£POA</b>
<i>Prawns with Marie Rose sauce and gluten free roll and butter</i>		<i>Today's pâté served with gluten free toast</i>	

## Sunday roast

*All served with vegetables, roast potatoes and chef's own homemade gravy*

**Pork £7.95 - Lamb £9.95 - Beef £8.95 - Chicken £8.25**

## Pub classic

<b>Fish pie</b>	<b>£12.50</b>	<b>Chilli con carne with rice</b>	<b>£8.95</b>
<i>Smoked haddock, salmon, cod and king prawns in a creamy parsley sauce topped with mashed potato and cheese, served with gluten free crusty bread and salad</i>		<i>Homemade chilli con carne served with rice and tortilla chips</i>	
<b>Beer battered fish of the day</b>	<b>£10.50</b>	<b>Ham and eggs</b>	<b>£8.95</b>
<i>Served with chips and your choice of garden or mushy peas (<b>gluten free batter made to order</b>)</i>		<i>Honey roasted ham with two eggs, chips and peas Served with tomato, peas, gluten free battered onion rings, mushrooms and chips</i>	

## From the grill

<b>10oz Rib-eye</b>	<b>£17.95</b>	<b>8oz sirloin steak</b>	<b>£15.95</b>
<b>Butterflied chicken breast</b>	<b>£10.95</b>		
<i>Plain, peri peri or Cajun(hot)</i>			
<i>Served with tomato, mushroom, peas, beer battered onion rings and chips or mashed potatoes and seasonal vegetables</i>			
<i>Add a sauce</i>			
<b>Port and Stilton £2.95, Creamy peppercorn £1.95 or Stilton cheese £2.45</b>			

## Burgers

<b>Plain burger</b>	<b>£8.95</b>	<b>Stilton</b>	<b>£9.75</b>
<b>Monterey Jack cheese</b>	<b>£9.55</b>	<b>Tall tower</b>	<b>£14.95</b>
<b>Cheese and bacon</b>	<b>£9.95</b>	<i>Two 8 oz burgers stacked with bacon and cheese</i>	

*All served in a gluten free roll with mayonnaise, crisp lettuce and sliced tomato, and accompanied by Gluten free battered onion rings, chips and salad. Swap to sweet potato or Skinny fries for an additional £1*

## Ploughman's

A choice of

**Cheddar £9.50 V - Ham £10.50 - Stilton £10.00 V**

## Vegetarian V

<b>Five bean chilli</b> <i>Served with rice and corn tortillas</i>	<b>£8.25</b>	<b>Grilled halloumi, roasted red pepper and flat mushroom burger</b>	<b>£10.50</b>
<b>Vegan curry of the day</b> <i>Ask your server for details</i>	<b>£POA</b>	<i>Served in a gluten free roll with beer battered onion rings, chips and salad</i>	

## DESSERTS

All served with a choice of custard, pouring cream or ice cream

**TREACLE SPONGE PUDDING £4.95**

**CARAMEL & APPLE PIE £4.95**

**CHOCOLATE FUDGE CAKE £3.95**

**Trio of ice cream £4.50**

Choose from vanilla, chunky chocolate, salted caramel or Strawberry & cream

**Sorbet £4.50**

Mango or raspberry